

	monday	tuesday	wednesday	thursday	friday
soup	roast butternut squash croutons parmesan breadcrumbs	tomato and thyme croutons crispy bacon	leek, bacon and potato croutons baked vegetables	oriental vegetable andnoodle croutons crispy onion	carrot and mint croutons natural yogurt
main	seared salmon steak herb and lemon pasta	honey roast gammon with pineapple new potatoes	barbecue chicken savoury rice	roast beef and yorkshires roast potatoes	breaded cod fillet chipped potatoes
vegetarian	cheese and tomato pizza	greek spinach and feta pie	mushroom and red onion tart	tomato and butter bean hot pot	lentil and vegetable chilli
pasta sauce	pork meatballs in tomato sauce	leek and mushroom	tomato and onion	ham and cheese	chunky roast vegetable
baked potato	baked beans coleslaw	baked beans chinese chicken	baked beans tuna and sweetcorn	baked beans prawn mayonnaise	baked beans grated cheese
vegetables	sweetcorn broccoli	carrots roast courgettes	sweetcorn mixed vegetables	cabbage broccoli	peas baby sweetcorn
salad bar	fennel, orange, black olive new potato, yogurt and chive coronation chicken cheddar, apple and celery lettuce, tomato, cucumber	apple coleslaw seafood cous cous mozzarella, tomato and basil quorn tikka mayonnaise lettuce, tomato, cucumber	eastern roast vegetables polenta, tomato and olives salmon, dill and cucumber minted lamb and vegetables lettuce, tomato, cucumber	sweetcorn wild rice and vegetables chicken, bacon and avocado cheesy coleslaw lettuce, tomato, cucumber	red cabbage and sultana tricolour pasta, mushrooms oriental beef and peppers squash, prosciutto, parmesan lettuce, tomato, cucumber
dessert	banoffee dessert	bakewell tart cream	chocolate and lemon mousse	iced carrot and apple cake	summer fruit dessert chocolate chip cookie